

WITH  
CULINARY  
REGARDS,

Your GourmetDelivery Team



## CONTACT

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THANK YOU  
& ENJOY

your

GOURMET  
DELIVERY  
PACKAGE

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# HELLO & NICE

to meet you!

Some meals need to be heated. Check the respective product label to find out which components need to be heated.

## > Here's how it works

### IN A WATERBATH:

- 1 | Loosen the jars lid and keep it on the jar.
- 2 | Put the jar (with its lid still loosely on) into a pot. Fill the pot with water until 2/3 of the jar is submerged.
- 3 | Heat the pot on a stove at medium heat. Do not allow the water to boil!
- 4 | After 8-15 minutes your food will be ready. Be careful, your meal is hot!

### IN THE MICROWAVE:

- 1 | Remove the lid entirely.
- 2 | Microwave the jar on the medium setting (for 3-5 minutes). Be careful not to let the jar overflow!
- 3 | Within a few minutes your food will be ready. Be careful, your meal is hot!

### ON THE STOVE:

- 1 | Pour the jars content into a suitable pot or pan.
- 2 | Gently heat up the food over medium-low heat.

ENJOY

YOUR MEAL!

# ABOUT US

We cook with fresh, preferably seasonal ingredients and without flavour enhancers and additives. To offer you transparency and orientation we label our dishes with "tags" - depending on whether you have certain preferences, intolerances or if you would like to support regional producers, you can create your own personalized meal.

Learn more about our concept on our website and on Instagram!

## YOUR OPINION is important to us!

Do you have questions or suggestions? We would love to hear your feedback. Wondering what to do with your empty jars? Boil, fill, ferment... Be careful, it could be fun ;) We are currently working on a nationwide return concept. Follow us - we will inform you as soon as we have further information.

We're looking forward to reading your review!

Rate us, if you like us ; )

